

RRVFSC FALL 2018 SEMINAR
Janet Champion
August 17-18, Moorhead Sports Center

REGISTRATION FORM

NAME _____

EMAIL ADDRESS/PHONE # _____

ABOUT THE SEMINAR:

Janet's passion for figure skating has not wavered since her first steps on ice at the age of 5. Janet's skating career was truly unique, performing before thousands of people as a child star with the Shipstads and Johnson Ice Follies, and as an adult with Holiday on Ice. Along with figure skating, Janet was trained in classical Ballet, Acrobatics and Jazz dancing. Janet's career as an ice show star transferred invaluable to her coaching career. She has trained skaters from Learn to Skate classes to medalists at US National, International and Junior World competitions. In addition, Janet's work with spins has garnered her reputation as a top Spin teacher, as she has been spin coach to several World and Olympic competitors. Janet has Master PSA Ratings in Figures, Free Skating, Moves in the Field and Group Instruction. She was invited to be a member of the coaching team at the Broadmoor World Arena in 1987. Janet will work on jumps, spins, power stroking and edge work with our skaters.

Gasper's School of Dance, under the direction of Matt Gasper will be conducting the off ice portion of the seminar. Gasper's has a long standing reputation as Fargo-Moorhead's premier dance education studio. GSD believes in teaching life lessons and discipline, while supporting passion and enjoyment in a nurturing environment. They have a place for the young and old, the beginner through advanced, as well as the recreational to the professional.

Group lessons will be conducted on Friday, August 17th starting at noon. Skaters should have had their lunch at home before they come. All skaters are expected to be on the ice or in the off ice sessions throughout the day—there will be breaks so there is no need for skaters to be in the locker room during class time. There will be water, snacks and treats for them throughout the day. The day will end around 6:30 pm. Skaters will be divided into 2 groups based on their highest free skate test passed. When they are not on the ice they will be off ice with Matt. Skaters will find out which group they are in on Friday, the 17th. Our coaches will be determining group placements. Saturday will consist of private lessons with Janet.

The club is covering the majority of costs for this seminar. Skaters may use their geranium points for the seminar registration fees as well as for the private lesson portion with Janet. If you are unsure of your point balance you can contact Malmlov@cableone.net or info@rrvfsc.org. The private lesson schedule will be available once registration is finished or slots become full, whichever occurs first. You will need to have an open schedule on Saturday for a private lesson. Requests will not be accommodated.

Seminar registration fee	\$40.00
Private lesson fee @ \$45.00 per (20 minute) lesson	+ _____
I am using geranium points.....	- _____
Total Due.....	= _____

Make checks payable to RRVFSC, return this form and payment to:

Dawn Franklin, 4403 5th St S, Moorhead, MN 56560 by **MONDAY, AUGUST 13TH**